**Pearson BTEC Level 3 National Extended Certificate**

**In Health and Social Care**

**2020 Summer Independent Learning Task**

The BTEC Level 3 National Extended Cert in Health & Social Care covers a broad basis of study for the health and social care sector. The qualification is equivalent in size to one A Level.

During your studies you will complete a mixture of internally (portfolio based) and externally (examined) assessed units of study.

Unit 1 (AO1) - Human Lifespan Development – requires you to demonstrate knowledge of physical, intellectual, emotional and social (PIES) development across the human lifespan, and the factors affecting development as well as the effects of ageing.

**Independent task- to be completed to the best of your ability and handed in during your first timetabled lesson**.

1. Provide a definition of both the terms - ‘growth’ and ‘development’ which clearly explains the difference between each
2. Produce a definition of each of the following terms in relation to human development (PIES).

* Physical
* Intellectual
* Emotional
* Social

1. Research the ‘nature/nurture’ debate and produce a definition to show your understanding of the terms nature and nurture in relation to human lifespan development

